

Horseheads Varsity "H"

Girls Lacrosse Camp

Grades 1-8

July 21-24 • 4:00-6:00

High School Stadium

****Registration is online**

- Camp Location:** High School Stadium
- Equipment Required:** **A water bottle, preferably labeled with child's name**
Cleats, shorts, t-shirt, stick, helmet, goggles, mouthpiece
**Equipment will be available if needed (helmet and sticks)
- Registration Fee:** \$85.00 (This includes a camp T-shirt)
- Make checks payable to:** Horseheads Varsity "H" ****Bring on the first day of camp.**
- Camp Director:** Jenn Guzylak, Head Varsity Girls Lacrosse Coach
- Assistants:** Girls Lacrosse Coaching Staff
Varsity Players

Camp Philosophy

This camp will help further develop each individual's skills in lacrosse. Each day, the athletes will learn the basic fundamentals through instruction, skills and drills, and various games and competitions. This camp will give each player the necessary background of the game and give them the proper instruction to be an excellent player at any level.